

COUNTY OF PICKENS

Pickens County Library System

www.pcls.fyi



Contact:
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How to Reduce Stress **Presented by Kimberly Chastain,** **Licensed Marriage and Family Therapist**

Feeling overwhelmed? Licensed Marriage and Family Therapist, Kimberly Chastain, will offer a free presentation entitled "How to Reduce Stress" at the Hampton Memorial Library in Easley on Tuesday, April 16 at 6 pm.

This program is free and all are welcome. For more information, please call the library at 850-7077.

Pickens County is an Equal Opportunity Provider and Employer

Pickens County Library System 304 Biltmore Road Easley, South Carolina 29640 (864) 850-7077