

# **COUNTY OF PICKENS**

**Pickens County Library System**

**www.pcls.fyi**



**LIBRARY DIRECTOR**  
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## **Line Dancing: Great Exercise and Great Fun!**

Join us at the Hampton Memorial Library in Easley on Wednesday, January 23 at 3 pm for a line dancing session led by a Clemson University Health Extension Agent.

Line dancing is a unique form of exercise because it provides the heart-healthy benefits of an aerobic exercise, while also allowing you to engage in a social activity! Many people find themselves becoming addicted to line dancing because they love the music, the confidence that grows from mastering a dance, and the friendships that develop.

This program is free and all are welcome. For more information, please call the library at 850-7077.

Pickens County is an Equal Opportunity Provider and Employer

Pickens County Library System 304 Biltmore Road Easley, South Carolina 29640 (864) 850-7077

LINE DANCING  
FUN FOR EVERYONE  
DOESN'T REQUIRE A PARTNER  
GREAT EXERCISE  
BOOT SCOOTIN' BOOGIE  
INCREASES STAMINA

Join us for a line dancing session led by a Clemson University Health Extension Agent. Line dancing is a heart-healthy form of exercise and a fun social activity!

Wednesday, January 23

3 pm

Hampton Memorial Library,  
Easley

Free and all are welcome.